







GOOD HOUSEKEEPING



CRAVE-WORTHY COOKIES

BEST MINI COOKIES	BEST GRAHAM CRACKER SANDWICH	BEST CHOCOLATE CHIP COOKIES	BEST GRAIN FREE COOKIES	BEST COOKIE THINS
				
<p>Grain Free Mexican Shortbread Cookies</p> <p>SIETE amazon.com \$9.83</p>	<p>Sunflower B Graham Cracker Sandwiches</p> <p>ONCE AGAIN amazon.com \$23.99</p>	<p>BEST GRAIN FREE COOKIES</p> 	<p>Sweet Thins, Honey Cinnamon</p> <p>SIMPLE MILLS amazon.com \$5.35</p>	<p>Sweet Thins, Honey Cinnamon</p> <p>SIMPLE MILLS amazon.com \$5.35</p>
<p>SHOP NOW</p> <p>This grain-free version of Mexican shortbread cookies marries lightly sweetened almond flour with pecan pieces and cinnamon.</p> <p>LAB RESULTS: Our food and nutrition experts loved that the cookies are low in sugar but big on flavor and created with simple ingredients. Testers found them “absolutely delicious,” noting that they were “perfectly bite-size.” One tester said, “These are some of the best store-bought cookies I’ve ever had!”</p> <p>Nutrition Facts (5 cookies): 150 calories, 9 g total fat, 5 g sat fat, 0 mg cholesterol, 120 mg sodium, 17 g carb, 1 g fiber, 5 g total sugars, 5 g added sugars, 1 g protein</p> <p>Siete</p>	<p>SHOP NOW</p> <p>Smooth sunflower butter is sandwiched between crunchy graham crackers for a sandwich that’s certified gluten-free.</p> <p>LAB RESULTS: Testers appreciated the friendly use of sunflower seed butter as a wholesome ingredient in making it a great snack for both kids and adults. Testers loved the “perfect balance of graham cracker and seed butter.”</p> <p>Nutrition Facts (1 package): 240 calories, 16 g total fat, 5 g sat fat, 0 mg cholesterol, 105 mg sodium, 20 g carb, 2 g fiber, 6 g total sugars, 6 g added sugars, 3 g protein</p> <p>Once Again</p>	<p>Lemon Blueberry Cookies</p> <p>they were good cookies!” a tester raved.</p> <p>Nutrition Facts (2 cookies): 150 calories, 8 g total fat, 6 g sat fat, 0 mg cholesterol, 140 mg sodium, 18 g carb, 1 g fiber, 10 g total sugars, 10 g added sugars, 2 g protein</p> <p>Maxine’s Heavenly</p>	<p>REAL</p> <p>right this grain-free made with top- nuts and ed with d vanilla.</p> <p>Our food and s love that a delicious, that also ve nutrition ved the “fresh flavor” and found them to be very filling.</p> <p>Nutrition Facts (1 cookie): 120 calories, 9 g total fat, 2.5 g sat fat, 0 mg cholesterol, 60 mg sodium, 11 g carb, 2 g fiber, 8 g total sugars, 7 g added sugars, 3 g protein</p>	<p>SHOP NOW</p> <p>This smartly sweetened snack is made from nutritious ingredients including a seed- and nut-flour blend made of watermelon seed, cashew, sunflower seed and flaxseed.</p> <p>LAB RESULTS: Our nutrition pros loved the use of watermelon seed, which creates a light and deliciously crispy texture while adding a nutrient-dense punch of protein, good fats and micronutrients.</p> <p>Nutrition Facts (12 thins): 140 calories, 6 g total fat, 3.5 g sat fat, 0 mg cholesterol, 100 mg sodium, 20 g carb, 1 g fiber, 7 g total sugars, 7 g added sugars, 2 g protein</p> <p>Simple Mills</p>