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The Best Snacks To Take On Your Next Road Trip

by Amanda Mactas



Pack your bags and load up the car 'cause road trips are the new European vacations. That's right — with a new Covid variant making travelers weary, the safest bet right now is to hit the road and explore the big backyard of America. After all, in the United States domestic travel is on the rise, and with so many stunning national parks and states to explore, now's the perfect time.

But don't go empty handed. One of the best things about road trips is that you don't have to surrender your stomach to airplane food, so stock up on some of our favorite healthy and indulgent snacks for the road.

Healthy-ish snacks:



When that cookie craving hits, there's really no stopping it. And no replacement will do. Give in to your sugar craving with REAL Cookies, a healthier option to satisfy those cravings. Made from non-GMO ingredients and sweetened with pure Vermont maple syrup, these cookies are gluten, grain, and dairy-free, as well as vegan, kosher, and paleo-friendly. The cookies come in flavors like chocolate chip, peanut butter chocolate chip and lemon blueberry, and can really be enjoyed any time of day. The lemon blueberry makes for a great morning snack.